



Waseley Hills High School

Aspire, Invest, Respect

Waseley Hills High School

Mr. T. Preston, Principal

School Road

Rubery

Birmingham

B45 9EL

Dear Parents and Carers,

15th May 2026

This week has been a brilliant example of students and staff coming together in unity. Whether it be to celebrate Mental Health or finalise booster sessions before important examinations, this week has seen the students and staff work together to achieve great things.

Well done to the Year 11, 12 and 13 students who all had external examinations this week. Our support goes out to the families who have worked alongside their young people to give them sleep, food and, no doubt, endless quizzes from their flash cards in the evenings before exams. We thank you for taking such an active part in helping our young people thrive. The final week before a half term rest next week will bring more exams. Please prioritise energy management as much as possible as a high level of stamina will be required for another week. Use the weekend to balance more revision with energising activities to help manage stress levels. Thank you in advance for the hours of work our wonderful staff have put into planning the last-minute booster revision sessions that have gone down so well with our students.

Mental Health Awareness Week

This week is Mental Health Awareness Week and assemblies have been delivered to students focusing on this as well as tutor time activities. The theme this year is *action* and not just being aware of mental health but also taking steps to support and look after it! Students were given tutor sessions this week during which they were asked to think of *actions* they could take themselves to support their own mental health and wellbeing. They were also given a green ribbon to share with another person to thank them for their support. It was lovely to see the students give these to their friends and staff as a gesture of gratitude. Thursday saw the staff body and students take part in 'Wear It Green' day to show our support for raising mental health awareness.

This week, we have had a successful first Parent Engagement Workshop which was organised by Worcestershire County Council. The workshop discussions focused on "what is going well for your child?" and "how we can support the student further?". Parents and carers had the opportunity to speak to Alison who ran the workshop and were also helped to form a network to speak to each other about strategies which work for their child. We look forward to Alison running a Slime Workshop on 28th June, 8.45am until 11.30am, for KS3 and KS4 students. Please email Mrs Joshi (njoshi@waseleyhills.crst.org) to confirm attendance. Refreshments will be provided and please come armed with plenty of questions which we can work together to answer.

On Tuesday 12th May, Year 9 boys from Waseley Hills attended a Youth Engagement Activity Day at Abbey Stadium, Redditch. The event provided a positive and engaging experience focused on wellbeing and personal development. Students took part in a range of physical activities, including boxing, 5-a-side football and a boot camp session, all led by qualified staff. The boys showed great enthusiasm, resilience and teamwork throughout the day. They also attended a powerful Anti-Violence and Positive Choices talk delivered by Alison Cope, which encouraged students to reflect on their decisions, build confidence and develop resilience in challenging situations.

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Finally, this week our Year 9 students completed their fantastic Sealife art project. The quality of the work produced has been exceptional and we felt that we had to share some of the students' work with you below.

Have a lovely weekend and thank you for your continued support.

Kind regards,

Mr T Preston
Principal

