



Supercurricular Activities

"Everyone has something to contribute to this world. *It's just a matter of being given that opportunity to do so.*" — Grace Hightower.



What is a super-curricular activity?

A super-curricular activity is something you pursue outside of your normal schoolwork which is still related to your academic interests. They could include reading books or magazines, watching films or documentaries or visiting a place or an event that is connected to your studies. For example, if you're interested in History, you might read a book about the Tudors after school or if you want to study Biology, you might listen to the New Scientist podcast every week.

Why should students take part in super-curricular activities?

Taking part in super-curricular activities will not only enhance your curiosity and interest for your subjects, but it will also extend and deepen your knowledge of the curriculum at any age. Super-curricular activities are becoming increasingly important to our students who wish to apply for some of the UK's top universities or apprenticeships after Sixth Form. These top universities look for candidates who show genuine subject interest, self-motivation, and good critical thinking skills. Super-curricular activities help to establish this as they are interesting and challenging (according to Oxbridge admissions officers and conference). For students who might wish to apply for Oxbridge, medicine, dentistry, vet science or other Russell group competitive degrees and apprenticeships, it is recommended that they should be regularly accessing supercurricular content from Year 10 at the latest.

What does this booklet contain?

To support our students and their families with their aspirations, our teaching staff have provided an introductory list of super-curricular activities for each subject that we currently study at Waseley. For students wishing to explore their subjects beyond what has been suggested on the list, we advise they speak to their subject teachers for further recommendations.

This booklet is interactive, parents and students can click on the hyperlinks in this booklet and be taken to the resource or be signposted to where they can access the resource.

Subject	Read	Watch	Listen	Do
English	<p><u>Literary Theory: A Complete Introduction (Complete Introductions): Amazon.co.uk: Upstone, Sara: 9781473611924: Books</u></p>	<p><u>What is performance poetry? (youtube.com)</u></p>	<p><u>BBC Radio 4 - A Good Read - Available now</u></p>	<p>Key Stage 4: Poem of the Week Masterclasses</p> <p>Writing competitions: <u>Writing prizes and opportunities (penguin.co.uk)</u></p>
Maths	<p><u>How mathematicians are storytellers and numbers are the characters Creative writing The Guardian</u></p>	<p><u>25 Math Documentaries to Make Students Love Math Abakcus</u></p>	<p><u>Hannah Fry: How much of our lives is secretly underpinned by maths? - BBC Science Focus Magazine</u></p>	<p>Mathematical Olympiads</p> <p>Parallel Maths Club</p> <p>National numeracy challenge: <u>Getting on With Numbers National Numeracy Challenge</u></p>
Science	<p><u>Blog - IChemE</u></p>	<p><u>The Edge of an Infinite Universe (youtube.com)</u></p>	<p><u>Ologies Episodes — alie ward</u></p>	<p>Science Olympiads</p> <p>Design the car of the future competition (STEM): <u>Competitions & Events – IMI Autocity</u></p>

Spanish	<u>La Moncloa. History of Spain [History]</u>	<u>Spanish TV - TV from Spain. (wwitv.com)</u>	<u>Spanish radio stations Listen live & for free</u>	Key Stage 3 MFL Club Key Stage 4 GCSE Support
History	<u>Salt to the Sea : Sepetys, Ruta: Amazon.co.uk: Books</u>	<u>Black and British: A Forgotten History - BBC iPlayer</u>	<u>BBC Sounds - You're Dead to Me - Available Episodes</u>	<u>Young Historian Awards 2025 – take part (Secondary prizes) / Secondary / Historical Association (history.org.uk)</u>
Geography	<u>Factfulness: Ten Reasons We're Wrong About The World - And Why Things Are Better Than You Think</u>	<u>BBC - Simon Reeve around the world</u>	<u>BBC World Service - The Compass</u>	<u>Young Geographer of the Year - RGS</u>
Religious Education	<u>A Little History of Religion (Little Histories)</u>	<u>BBC Radio 4 - Moral Maze</u>	<u>Religion The RE Podcast</u>	RE Specific Online Courses: <u>Culham St Gabriel's Trust Moodle (cstg.org.uk)</u>
Drama	<u>Theatre Reviews</u>	<u>Recorded Theatre: National Theatre</u>	<u>Backstage with..</u>	<u>Explore Stages Around the World</u> Drama Club and Musical Production
Music	<u>How Music Resonates in the Brain Harvard Medicine Magazine</u>	<u>Anita Collins: How playing an instrument benefits your brain TED Talk</u>	<u>BBC - Radio 4 on Music - the podcast</u>	Extra curricular clubs: Choir, Band, Musical Production

ICT	<u>10 Examples of 3D Printing Transforming Our Reality — SitePoint</u>	<u>Sean Follmer: Shape-shifting tech will change work as we know it TED Talk</u>	<u>Programming Throwdown</u>	<u>iDEA: Develop digital, enterprise and employability skills for free. Win career-enhancing badges and gain internationally recognised awards.</u>
Physical Education	<u>5 Essential Areas of Sport Psychology — Mind-Design Sports</u> <u>Rules and regulations (badmintonengland.co.uk)</u> <u>Rules and how to play - Table Tennis England</u>	<u>JAMES WELLBELOVED™ - Naturally Healthy (youtube.com)</u> <u>How to INSTANTLY improve at table tennis (youtube.com)</u>	<u>The High Performance Podcast</u>	Extra Curricular Clubs and Teams
Business Studies	<u>Why are football players paid so much? Bank of England</u>	<u>How I Built This : NPR</u>	<u>Business Wars Wondery Premium Podcasts</u>	Young Enterprise Programme – Year 9 and above
Economics	<u>When to Rob a Bank: A Rogue Economist's Guide to the World: Amazon.co.uk: Levitt, Steven D., Dubner, Stephen J.: 9780141980966: Books</u>	<u>Watch Too Big To Fail Prime Video (amazon.co.uk)</u>	<u>Why Do We Buy Things We'll Never Use? - Freakonomics</u>	Bank of England Competition Year 12 and above: <u>Innovation competition Bank of England</u>

Child Development	<u>There's No Such Thing As 'Naughty': The groundbreaking guide for parents with children aged 0-5: Amazon.co.uk: Silverton, Kate: 9780349428529: Books</u>	<u>From Birth to Two: the Neuroscience of Infant Development (youtube.com)</u>	<u>Episode Two: Nature vs Nurture - Do you MIND? (podcast) Listen Notes</u>	<u>Open Learn Courses: The home of free learning from the Open University OpenLearn - Open University</u>
Art	<u>What Are You Looking At?: 150 Years of Modern Art in the Blink of an Eye: Amazon.co.uk: Gompertz, Will: 0884760292598: Books</u>	<u>GCSE Art and Design - BBC Bitesize</u>	<u>BBC Radio 4 - Only Artists</u>	<u>Art Club</u> <u>Clay Club</u>
Design Technology	<u>Technology Latest News & Updates BBC News</u>	<u>How It's Made - Discovery UK</u>	<u>BBC Two - Inside the Factory</u>	<u>Bake Off Club</u>
Psychology	<u>The Lucifer Effect: How Good People Turn Evil: Amazon.co.uk: Zimbardo, Philip: 9781846041037: Books</u>	<u>Ben Ambridge: 9 myths about psychology, debunked TED Talk</u>	<u>BBC Radio 4 - All in the Mind - Downloads</u>	<u>Springpod virtual work experience: Gain Virtual Work Experience. Earn certificates - 100% free! Springpod</u>
Sociology	<u>The State of LGBT Human Rights Worldwide (amnestyusa.org)</u>	<u>No More Boys and Girls - Can Our Kids Go Gender Free episode 1 (youtube.com)</u>	<u>The Sociology Show Podcast Series – Apple Podcasts</u>	<u>Open Learn Courses: The home of free learning from the Open University OpenLearn - Open University</u>

General

- [Open Learn Courses: The home of free learning from the Open University | OpenLearn - Open University](#)
- [Duke of Edinburgh Bronze, Silver and Gold](#)
- [Explore Big Questions: Explore | The Home of Big Questions](#)
- [Springpod Virtual Work Experience: Gain Virtual Work Experience. Earn certificates - 100% free! | Springpod](#)